



ACCESS TO AFFORDABLE HEALTH SERVICES OF DECENT QUALITY

HOW...

ACCESS TO AFFORDABLE HEALTH SERVICES OF DECENT QUALITY RELATES TO HEALTH

Access to affordable health services of decent quality refers to the ability of individuals to **obtain healthcare services** they need, **without facing financial hardship**. It includes access to preventive, curative, and rehabilitative services, as well as medicines and medical technologies.

Limited access to affordable health services of decent quality can lead to **decreased medication adherence, uncontrolled chronic conditions, and higher rates of preventable diseases**. This can result in **increased healthcare costs** and **reduced productivity**, impacting both individuals and society as a whole.

"Indigenous Peoples in Canada often face barriers to accessing healthcare, including systemic racism and geographic isolation. This can lead to poorer health outcomes and higher rates of chronic diseases."

- The Canadian Encyclopedia -

RESOURCES

Region of Waterloo Public Health:

Provides information and resources on a range of health topics, including access to healthcare services.

<https://www.regionofwaterloo.ca/en/health-and-wellness/public-health.aspx>.

Community Care Concepts of Woolwich, Wellesley and Wilmot:

Provides a range of healthcare and community support services, including transportation to medical appointments.

<http://www.communitycareconcepts.ca/>

Local Health Integration Network (LHIN):

The Waterloo Wellington LHIN coordinates healthcare services in the region, including home and community care. They can provide information on healthcare resources and programs.

<https://www.healthcareathome.ca/region/waterloo-wellington/>